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Patience...Profuse Offer and Abundant Welfare

Getting you acquainted with both kinds
of patience –the praised and the dispraised

&

How to deal with Crises.

www.alkafeel.net

info@alkafeel.net

int_media@alkafeel.net

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Goodness & The basis Of Worshipping

Edited By: Hassan Al-Hashimi

Translated By: Hussein Al-Bazzaz

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Prelude

Before touching upon the topic of patience and demonstrating its advantages , it is incumbent upon us ,first of all, to have a look at the real entity of man as having a great tendency towards comfort, peace of mind and tranquility- trying to avoid the path of seriousness, tedious work and perfection .

From this same point , we can discern the meaning of patience for it is , though its stations exhaust man's physical self; yet the results taste delicious and its fruits are blessed – since it brings about goodness and welfare – not only to its owner but also to the overwhelming majority of society provided that he firmly holds fast to the tight handle of patience and quench his thirst from its ever overflowing fountain .

If scholars and men of knowledge had not spent whole nights on study, research and suppressing their wanton desire for comfort, they wouldn't have gained those elevated ranks for the sake of submitting

all that to humanity free of charge ; the same thing can be said in other fields of life wherein patience over the mishaps and misfortunes can rescue man and make him reach his goal at an amazing speed – contrary to that who can't help standing fast at the face of problems and who is seen taken sideways – once to the right and once to the left till dropping him in the haunting mazes of life without having achieved the least of what he aspired to.

It was narrated from Allah's Prophet –Jesus , the Christ (P.B.U.H.) that he said: "You can't perceive what you love unless by your patience over what you are unwilling to bear ." This glimpse of hope is a great bliss which enters into the industry of good and human welfare .

It can verily serve man as a safety valve for all the works he does for his temporal and the Hereafter life without which his management of his life affairs becomes too complicated for him to manage and

bear in mind that any blessed and successful work can't be done well unless patience and forbearance serve as keys to accomplishing it and that no worship is accepted without patience against the abominable acts of life, Satan's obsessions and man's evil self desires.

And from here, too we can recognize very well the importance of this same word in our life and rather , it can restrict man's fate negatively and positively as much as he distances himself from it and disguises in it, according to variable rates of success.

It is inevitable for us to adopt the means of success in our daily affairs which in essence can be effective in determining and enhancing mankind's behavior for his progress and welfare ; therefore the following titles are the master key for making us reach that blessed orchard and be acquainted with the main guide-lines of patience – titles as: Definition of patience: kinds of patience ; its results , and ways of getting it?!

The lofty positions of prophets and believers are but a fruit of the many fruits of patience ; patience universally acknowledged as an urgent necessity ; and the last but not the least : The divine tidings to whoever held fast to the tight rope of patience. All commendable deeds - imply within their blessings - appointed or limited amounts of rewards and recompense except the patient person who will be showered with countless and boundless rewards without restrictions or limitations .

Definition of Patience

Patience, linguistically speaking , means restraining the self from what it likes and abandoning impatience about what it dislikes , that is, man's forbearance of an event which has happened to him that necessitates his endurance, calmness and manipulation of affairs with reason and logic.

If this state of being lasts for a long time - like the sick man's endurance of his disease, the plight-



struck man of his plight; a person's forbearance of abandoning evil and misdeeds ; a man's forbearance of keeping Allah's bounty pure and legal and binding himself of thanking Allah, the Almighty and showing ever obedience to Him and never showing Him disobedience .

Patience is a branch of man's consent of all that Allah has decreed for man - of fate, destiny and no objection is to be raised against Allah's judgment and will. Patience, with regard to faith, is like the head with regard to body. The best patience is the patience over abandoning sins, then patience over keeping obedience to Allah, the Almighty, then patience over the forbearance of plights and misfortunes.

With this meaning in mind, patience is a sound proof of man's sagacity, broad-mindedness , elevation of manners and greatness of heroism and steadfastness as well as ascension to Allah's obedience and consent , a cause of triumph and

success and a protective shield against the ridicule of the enemies and the envious.

Suffice honor to patience and due respect to the patient to whom Allah, the Almighty, has paid tribute in more than seventy occasions in his holy Book as in the following verse : “ And obey Allah and His Messenger and do not (dispute with one another) lest you lose courage and your strength departs and be patient. Surely, Allah is with those who are As-Sabirin (the patient)(Al-Anfal :Verse 46)

Allah, the Almighty will lavish His countless bounties, abundant rewards and sublime positions and elevated ranks to His faithful patients and this state of being is confirmed in the following verse : “Only, those who are patient shall receive their reward in full without reckoning .”(Az-Zumar V.10)

Kinds of Patience

1-Patience by Obedience :

It is patience over the bounties Allah, the Almighty, has conferred upon man and also to keep patience on thanking the bounty owner : namely Allah, the Almighty, by following the straight path drawn to him by His Almighty, without getting perverted on account of the existence of that bounty whatever its abundance may be – as by squandering his wealth for instance, or being a cause of corrupting his manners ; therefore he should bear patience upon obedience by not becoming rebellious against the normal way of behaving or dealing with Allah's bounty.

So it is incumbent upon man to be patient with obedience and to be patient by not disobeying his Creator's commands when performing worshipping practices such as ; prayer in its due time, fasting during Ramadhan and many other things. It was

narrated from Imam Ali,(P.B.U.H.)that he said : “Verily, we found keeping patient with Allah’s obedience is easier in practice than patience with His torment.”

2-Patience over abandonment of disobedience to Allah, the Almighty :

For example man keeps patient by ridding himself of backbiting, lying, arrogance, sins and debaucheries . It is quite obvious that the human spirit is greatly inclined towards sins and misdeeds and is endowed with merit of evading himself from abiding by obligatory systems and limited restrictions of his freedom and involvement in the open stages of passions and lusts though they are intended for man’s reform, pleasure and happiness .

Human spirits always look rebellious against those disciplines and restrictions and can’t be under control unless by temptation or warning by the force of law and - because of the difficulty of the human self to pertain to Allah’s obedience and

abandon His disobedience, patience on keeping to Allah's obedience and patience on rejecting his disobedience are regarded as of the greatest duties and the most sublime nearness to Allah.

Imam Al-Sadiq (P.B.U.H.) said: " Patience is of two kinds : Patience after the occurrence of a misfortune - which is a nice thing to do but better than this patience is patience against doing forbidden things – to be a protective shield for you."(1)

Al-Kafi V.2P. 174) (1)

3-Patience against plights, misfortunes and general problems as they may occur to nay body at any time and without any prior notice ; therefore if man wants to be at ease with life and grant a good recompense in the Hereafter , it is incumbent upon him to keep patient and submit his affairs to Allah, Glory be to Him, keep trust in Him and feel contented with Allah's decree and destiny and try to deal with plight in the best possible way – with reason and calmness .

Man in fact, is exposed to every kind of tragedy and calamity which often afflicts him all of a sudden and haphazardly and he doesn't have might nor resolution to stand against it. So, the best means of tested man's action is to be shielded by patience since it is verily the balm of the all the wounded hearts and the consolation of the tormented spirits and but for it man would have fainted away, ruined and got to be the victim of sorrows and pains.



For the sake of that so many verses of the holy Quran and various hadiths have urged man to be equipped with patience and hold fast to it. Let us listen together to what His Almighty says with regard to patience and its significance : “ And certainly. We shall test you with something of fear, hunger, loss of wealth, lives and fruits, but give glad tidings to As-Sabirin (the patient)Who, when afflicted with calamity, say:

“Truly, to Allah we belong and to Him we shall return ; they are those on whom are the Salawat (i.e. who are blessed and will be forgiven from their Lord and (they are those who receive His) Mercy and it is they who are the guided ones.”(Al-Baqarah Verses155, 156, 157)

It is noteworthy to mention in this respect that the recommendable and praiseworthy patience is patience over the calamities which man can't push

them away and get rid of them .as in the loss of a dear person, or seizure of property, compulsion of an enemy but complete resignation to calamity and keeping patience over it while being able to rid yourself of it is a state which Islam denounces strongly like keeping patient over a disease which you can afford to cure it or over poverty while you are quite able to acquire your sustenance and spoiling money while you can get it back and maintain it .

It is evident that what excludes man from the virtue of patience and gets him irresolute is – impatience- or to be more exact and strict - excessive impatience – which leads to tearing off pockets or shirts or slapping faces or breasts or showing too much complaint or discontent.

But as for psychological pains and worries – crying as a means of relief or comfort is of the necessities of living emotions and noble feelings as this is confirmed by Abraham (P.B.U.H.) over the death of his son saying



: “ The eyes shed tears and the heart grieves for him but we shouldn’t say what may arouse Allah’s wrath and we O Abraham for the loss of your son greatly sorrowful.”4- Patience over Allah’s bounties :

It means self-discipline and personal integrity against arrogance, vanity and superiority as this denotes the greatness of the soul, the sagacity of the mind and deep – insight.

(Al-Kafi Vol. 3 P.262)

It is necessary to know that patience over the tragedies of life and its disasters is not more important to concentrate and emphasize on than patience over the pleasures , luxuries and temptations of life like broad prestige , immense property, authoritative power and the like because heedlessness of patience in hardship may lead to destructive impatience as its negligence in prosperity leads to indiscreetness, vanity and injustice as in this holy verse: “Nay, Verily man does transgress(in disbelief and evil deed) because he considers

himself self self-sufficient(Al-Alaq. Verse 6-7).

The intended meaning of patience over welfare and bounties is to pay much attention to the implied rights of them and exploiting them in various fields of kindness, mercy, and charity whether on material or moral levels as in taking care of the miserable, the vulnerable and showing ways of relieving them from their miserable states of being as well as showing real

concern for the affairs of the faithful believers and the avoidance of slipping in the abyss of mere vanity and arrogance .

There are other different forms of patience such as :

Keeping patient in time of war is looked upon as bravery and the opposite of which is cowardice ; patience against vengeance which we call clemency which is the opposite of 'anger' ; patience against life decorations – that which we usually term as frugality which stands as the opposite of 'greed'

Patience over keeping private and people's secrets – taking good care of secrets which is the opposite of 'announcement' and publication' and patience over stomach lust and vagina lust which we term as 'chastity' – standing as opposite of 'surfeit'

Now it has become quite clear to you, dear reader, that (patience) is the discipline of virtues, the pole of noble attributes and the head of prides, that is - the tight link of the sorrowful person which can relieve his stress, ease his tension, alleviate his pain and provides him with peace of mind and security.

Patience grants protection from destructive impatience and fortifies him from open horror and without which the afflicted person would have fainted away and become an easy prey to maladies and diseases and a ridicule or the laughing – stock among the envious and the enemies and he, (the patient person), after all, is the wishful hope of what Allah has promised and prepared for the patient of countless bounties, greatest rewards and boundless gifts.

Results of Patience

Though patience is intolerant and bitter and can't go in accord with what man bears within him of trends of hastiness ,whims of horror and impatience but its results are sweet as it can wide open for the patient person the doors of success and bliss.

It signifies man's deep-rooted faith , elevated manners and sublimity of both of his essence and appearance ; therefore, he who has strong faith in Allah's judgment and destiny and who believes that this temporal world is ever overwhelmed with plights and treacherous deeds – will, no doubt, keep patient and with passage of time most of the plight will be contained and dissipated because he is quite certain that Allah has promised them good tidings.

Based on all this we can say that patience can

settle the hardest of problems and simplify the most complicated matters . Allah has much to do with his slaves . He subjects His slaves to testing to differentiate between the upright and perverted , the truthful and the liar and this cannot be achieved except by patience ,strong might and steadfastness for the believer on the one hand and by impatience, self-deterioration for the hypocrite.

Among other results of patience are the following :

1-Everyone of us is in need of patience so that he can live in this short-lived world which is filled with a variety of calamities and tragedies with strong mind , will and patience and his patience is a proof that he is courageous in combating and confronting hardships and troubles .

2-Nothing is there after patience except relief . Verily, man's consent of Allah's decree and destiny and his patience over any plight will surely liquidate the calamity and remove the obstacles from his way .

3- Man's patience in showing obedience to Allah, the Almighty, and the abandonment of disobedience to Him and the continuation in thanking Him for His bounties will cause Allah to lavish upon him His apparent and inherent bounties . From Allah's Messenger (P.B.U.H.)

the following hadith was narrated that he said :” Patience falls into four divisions: eagerness , kindness, frugality and expectation ; On this basis - whoever is eager to enter Paradise shall leave his wanton passions and irresponsible lusts , whoever fears the Fire, shall retreat from forbidden deeds ; whoever shows little concern to worldly temptations will not aggravate calamities and mishaps and whoever expects that death is following him wherever he is, will hasten to do good .

Ways of Acquiring Patience

To you, dear reader, we present a few examples which urges man to acquire patience and get endowed with it.

1-The necessity of contemplating on the advantages of patience and the privileges of those who keep to it – with regard to the benefits and outcomes it can bring about in the life of the patient in this world and the abundance of rewards and recompense in the Hereafter.

2-The necessity of contemplating on the disadvantages of impatience and the bad effects it leaves behind in the life of a human being, and that it can't quench the thirst of the thirsty nor can it push back man's destiny after being decreed by the Almighty nor can it also change to the best a real state of being on the ground after being settled and thus it can solve nothing without mortal toil and moil.

One of the wise men says :” I have read during the



former eight years every book, every magazine, every article that touched upon the topic of ‘worry’ and the essence of anxiety –Do you want to know the best advice I have gained from the whole books I have read and studied so far ?! The advice is summed up as follows : “ Verily, be content with what is inevitable.”

3- You can come to understand what real life is and that it is a bundle of worries and grieves

This life - you live O man –
Is full of woes and grieves
And you want it to be
Purified, without worries

This life is not the abode of comfort and rest . I remember well the English proverb which says : “Life is not a bed of roses.” It is the abode of testing the believers - an examination-for the whole of the individuals’ behavior in society ; just like scholars

of knowledge who are wearied with examinations through which their scientific background can evidently been manifested .

The same thing can be said of faithful believer who is subjected to testing to measure the dimensions of his faith and the extent of his certainty in what he believes .Allah, Glory be to Him says : “Do people think that they will be left alone because they say:”We believe” and will not be tested ?” And We indeed tested those who were before them.

Allah will certainly make (it) known (the truth of) those who are true and will certainly make (it) known (the falsehood of) those who are liars ,(although Allah knows all that before putting them to test.)”

(Al-Ankabut V.2-3)

4-Taking a lesson through consideration and sharing part of the suffering the prophets , the great people and the guardians have faced in their lives – of miseries and tragedies and benefiting from their

mighty resistance and patience over them to win Allah's sight

and that is which stimulates to keep on being faithful steadfast.

5- Amusement and pleasure which can ease man's tension , alleviate his pains and appease his mind – all that can be achieved by having some change of air, an outing to the country side, or reading some interesting stories or getting engaged with some useful talks with friends and companions and the like.

We found him patient.

How excellent a slave!

It is true that the name of the Prophet 'Jove' or his noble biography has come several times in the holy Quran in a number of verses but what has come in chapter (Sad V.44) has given us in a summarized way a clear-cut description of him by saying: “ Truly, We found him patient. How excellent a slave! Verily, he was oft returning in repentance.

“This holy verse demonstrates the life of one of the greatest of the prophets who has become a typical example of patience and uprightness in confronting plights and misfortunes in his personal and social life and for this sublime merit – patience - which his character embody, we always follow up his noble biography and his powerful capacity to keep patient despite all the states and situations which he has passed through.

This holyverse in(Chapter: Sad.V. 44)is mentioned



by the Almighty with regard to the prophet Jove so as to stand as a standard model for all the Moslems on the advent of the Messenger's holy commission which has been characterized by hard challenges and continuous pressures from the polytheists in Mecca to take from him lessons on patience, rectitude and steadfastness in confrontation with hardships and problems that were imposed on them.

In this manner the prophet Jove (P.B.U.H.) has encountered misfortunes and calamities for the sake of being tested and examined and for measuring the degree of his gratitude and obedience to Allah, the Almighty and for getting elevated to higher levels of nearness to the divine sight of His Lord.

Jove has been endowed with an immense property, orchards, sheep cattle and righteous sons but all these bounties went to the wind during one single night and day and even the prophet Jove himself has fallen ill with a fatal chronic disease to the

extent that he was twisting and overturning himself on his bed because of the severity of the pain which rendered him captive of the disease but none of these happenings could his gratitude to Allah, the Almighty, nor could scratch anything of his patience and uprightness on the line of faith and obedience.

Not only this, besides all these calamities Jove has heard so much gossip about his new miserable state of being and against his personal status and this last calamity may have been the greatest of all that preceded it . At times, the Israeli worshippers together with their monks have been calling on him and saying to him openly : “What is that great guilt which you have committed that made you afflicted with this plight and merciless torment?

Nevertheless, this outstanding prophet did not lose any shred of his patience and he was normally living his moral discipline before his psychological whims with his tongue incessantly muttering gratitude

to Allah, the Almighty and he is seen dealing with all these misfortunes in the attitude of thanksgiving to his Lord for his bounties – not in an attitude of offering expiation for bounty denial or former disobedience, complaint and impatience.

When this great prophet has finalized all the stages of this great and divine testing and stood before the various plights and disasters like a mountain of patience, uprightness and thus he could make the accursed Satan shameful of even granting from him one word of impatience one complaint or grievance till he got disappointed from him. When the divine testing finished with success, Allah, wide opened for Jove the doors of His mercy and returned to him all the wealth that he has lost with all his children and other worldly rewards and rather doubled them many times.

Most important of all this, Allah, the Almighty, has

awarded him a great position within the orbit of divine nearness to the Lord!

Thus , he got the precious decoration from his Creator (How excellent a slave! Verily, he was oft returning in repentance.

Be as Patient as Mighty Messengers

“Therefore, be patient (O Mohammad) as did the Messengers of strong will and be in no haste about them (disbelievers).On the Day when they will see that (torment) with which they are promised (i.e. threatened, it will be) as is they had not stayed more than an hour)

(Al-Ahqaf V.35)

The former verse demonstrates the speech delivered by Allah, the Almighty, to His noble Messenger recommending him to maintain patience and that he should follow the example of the strong-willed prophets who preceded him. Although this noble verse talks about patience and sluggishness



in lieu of the divine torment which will befall the enemies and the disruptors till the truth stand as a witness against them with the hope of there may be among them people who have a desire to return to the path of right and then be guided to faith and in consequence will be included in the list of the blissful.

But this divine commandment represents an overall constitution and a brilliant guide to the virtue of patience under the title of a comprehensive program for all the prophets of strong will. Yes, verily , the great prophets and those authorized to apply the divine decrees always equip themselves with more patience and uprightness when they endeavor to confront their enemies who represent the stubborn, the ignorant and the vagabonds for the sake of guiding their nations to the shore of safety in the most preferable way .

Noah , the prophet (P.B.U.H.) called his people for worshipping Allah, the Almighty, (950) day and night

preaching them secretly and openly and warning them during this whole period ; nevertheless none endeavored to believe him except a small countable number of people ; the prophet Abraham (P.B.U.H.) was dropped into the sweltering flames of fire, the prophet Moses (P.B.U.H.) was exposed he, and the faithful people of his community to the hardest ordeal by Pharaoh and his followers.

Jesus, the Christ, in turn, suffered the bitter treatment of the Israelis and met with a lot of harm, accusation and dismissal till they contrived to crucify him and kill him but Allah, the Almighty, has rescued him at the last moment . As for the last prophet he (P.B.U.H.) remained patient and bore all the harm his community has inflicted him with till he got to say with regard to that :” No prophet suffered as much as I did.

“In brief, the life we live today in this temporal world is ever going on contradictorily – both right beside wrong, good beside evil and the struggle between

these two opposing lines is eternal ; therefore, the human being cannot reconcile between them as they are both living within him and this tug of war will stay with him till he passes away ; so, the problems and difficulties cannot be overcome without resorting to patience and uprightness and in this same field the holy prophets, the guardians and the righteous men have presented to us the most excellent examples.

Recommend One Another to Patience

The virtue of patience, undoubtedly, bears good results and effects to individuals, families and societies and they hold high statuses, lofty positions in Paradise as can be verified with what Allah, the Almighty, said : “By Al-Asr (the time). Verily , man is in loss. Except those who believe (in Monotheism) and do righteous good deeds, order one another to perform all kinds of good deeds which Allah has ordained, and abstain from all kinds of sins and evil deeds which Allah has forbidden, and recommend one another to patience. for the (sufferings, harms an

injuries which one may encounter in Allah's Cause during preaching His religion of Islamic Monotheism or Jihad).”(Al-Asr V.1-3)

In these verses Allah, the Almighty, swears by 'time' and on another situation, He ,Gory be to Him swears by the age of Muhammadan Prophecy because it is the most honorable of all ages . Men of knowledge remark that the great Lord of the universe swears that adult man who is obliged to perform the obligatory worshipping is in loss and collapse.

His Almighty, excludes the faithful believers' worshipping who are endowed with sound and truthful faiththose who are subservient to Allah's commandsthose who prevent themselves from forbidden deeds and recommend one another to patience and doing good deeds and keep patient against all evil deeds out of pure belief in word and deed. Besides, by keeping patient in performing worshipping duties in the most proper way- that is by increasing the amount of doing good and improving

the manner of establishing and maintaining them as well.

(Al-Baqarah V.153)

Verily, Allah, Glory be to Him, is fair to His slaves, tender to them as He, the Almighty Ever seeing them and guiding them to where they can find their welfare and goodness and teaching them how to react with events which may endanger their lives or get stormed by sudden catastrophic atmospheres and get them afflicted with misfortunes and calamities

Therefore Allah, to whom be ascribed all glory and perfection calls them to be endowed with patience and maintaining the performance of the obligatory prayers as this is the best of devices and the sharpest of weapons which enables man to overcome any obstacle which may stand in his way of problems and impediments and make them easy to solve.

Allah, the Almighty, says in His holy Quran :”O you who believe ! Seek help in patience and Salat (the prayer) Truly! Allah is with As-Sabirin (the patient).

But Give the Patient Glad Tidings

Verily, Allah's wisdom willed that His slaves should be subjected to testing to test the truth of their faith in so many things as in : cases of fear, hunger, loss of lovers, poverty, loss of business, hunger, money shortage and other misfortunes, calamities and hardships which require men of powerful spirits through their deep-seated faith and mighty wills – capable of forbearing such gigantic horrors , co-existing with them, having patience in them without showing any boredom, opposition or complaint but perfect consent and reckoning as verified by Allah's verse:

“And certainly, We shall test you with something of fear, hunger, loss of wealth, lives and fruits but give glad tidings to As-Sabirin (the patient) , who when afflicted will say: Truly! To Allah we belong and truly to Him we shall return.”(Al-Baqarah 155-157)

Allah, the Almighty applauded those whose

faith has been tested and stayed firm and kept their patience and encouraged one another to maintain patience getting their guidance from Allah , the Almighty, and they did as they were ordered, and Allah, in return, has bestowed upon them His forgiveness and promised them of gaining the great triumph and that His Almighty, will award them their full rewards and gifts and lavish His bounties upon them without reckoning. His Almighty in the following verse states:

“Say O Muhammad: “ O My slaves who believe (in the Oneness of Allah –Islamic Monotheism,) be afraid of your Lord (Allah) and keep your duty to Him .Good is the (reward) for those who do good in the world.”(Az-Zumar V.10) Here, we notice that the reward of the patient is unlimited whereas the rewards allotted for other attributes are limited and the reason for that is that patience enters in every act of worshipping and rather in all good deeds .

The prayer performer cannot establish his prayer, carry it on and be effective in his daily life – that is, in putting an end to debaucheries and forbidden deeds unless by patience. The same thing can be said of those who fast. The fasting can't endure hunger and thirst especially in the sweltering summer heat and can't shield the limbs and organs of his body

from sins and misdeeds except by patience and the pilgrim can't prepare the pre-requisites of pilgrimage such as foodstuff, domestic affairs and children and during the tedious performance of pilgrimage rituals without equipping himself with patience and the same thing goes on with other forms of worshipping .

But for patience, the faithful believer couldn't have performed them in the best way to release his part from before the people in social affairs and before



Allah, the Almighty, in worshipping affairs. Patience is confirmed to be an expiation in lieu of man's sins and misdeeds – as verified by Allah's Messenger (P.B.U.) who said : “Verily, none of you gets afflicted with a misfortune unless Allah, the Almighty, expiates for it even the thorn one feels of its pain in his foot.”

Patience is one of the greatest acts of obedience and the most abundantly rewarded by Allah, the Almighty and it is a confirmed proof man's faith in Allah, and His angels, His Scriptures , His messengers and faith in the existence of the Hereafter and destiny in its good and evil.

Zainab – The Mountain of Patience and Challenge

On the eventful Day of Al-Taff, Imam Hussein ,son of Imam Ali, son of Abi Talib (P.B.U. T.) has strengthened the hearts of his household with patience and contentment in Allah’s destiny and fate . When he saw the women start weeping over him on the night of Aashura (the tenth of the month of Muharrum, he recommended them to be equipped with patience and steadfastness saying to them :

“ Be prepared for the plight and know that Allah, the Almighty, is protecting you, maintaining you, and will rescue you from the evil of the enemies and grant you a happy ending and He will torment your enemy with a variety of chastisements and compensate you for your stand against this plight with all kinds of bounties and honors ;therefore don’t complain and say not with your tongues thing which will minimize your esteem.



This sermon took its way to the hearts of the whole household and they did what they were recommended to do and they show steadfastness, patience, self-dignity, honor and loftiness. Here is Aqilah Zainab –daughter of Ali, son of Abu Talib(P.B.U.T.) gave an attentive mind and heart to her brother’s sermon (P.B.U.T.)as he said to her in particular:

“O My sister! Fear Allah and console yourself with Allah’s consolation and bear in mind that the people of the earth are all mortal and the people of the heavens won’t stay and everything is annihilating except Allah’s sight who has created the whole creation by His Omnipotence and to me and to every Moslem Allah’s Messenger is our typical example.”O my sister! I have sworn to you and be sincere to my swearing : Tear not your garment for my sake and scratch not your face for me!

Zainab (P.B.U.H.) followed the recommendation

of her brother in word and deed and this is felt by the enemies themselves who did not see any weakness in her attitude but on the contrary of that, they found in her that free stalwart woman challenging the tyrants face to face without fear or hesitation , speaking openly about her firm stand with strong will and might addressing people of hypocrisy and sedition and terrifying the tyrants by her steadfastness and resistance and amazing the minds with her patience and tolerance and she witnessed her brothers with their sons, her cousins and the Shiites of her brother - all slaughtered on the battle field and witnessed the burning of the camping sight after her brother's martyrdom.

Zainab has passed through the slaughtered martyrs and lived the plight of captivity to Kufa, then to the State of Ash- Sham (now Syria), then back to Holy Karbala , and from Karbala to Al-Madina Al-Munawarah and within all these crucial and horrible stations she gathered strength and fully armed with patience, firmness and resolution. In fact, she was an

eye - witness of the whole tragedy of Karbala Event in its full details.

And there in Al-Sham Zainab firmly stood in the face of the tyrant Yazid – son of Mawyah, son of Abu - Sufyan who for the time being had been at the head of the government in Al-Sham and said :” Owing to my being afflicted with such horrible calamities which oblige me to address you – I look down on you and magnify your reprimand and aggravate your reproach.

What a wonder ! All wonder ! that you dared killing the highly-esteemed of Allah’s party by the wrongly released of Satan’s party – Do whatever you like to do, try hard as far as you can and devote all your efforts – By Allah, I swear ! You can’t remove our remembrance nor kill our inspiration nor can you release your part from its disgrace. Your days are numbered and your wealth squandered – I foresee the day will come on which the caller says : “May Allah’s curse be upon the oppressors ! “

The Distinguished Features of the Patient

To put on the robe of patience , it is inevitable for man to be characterized with the commendable attributes of steadfastness , forbearance, strong will and resolution which are capable of suppressing all that which impede his progress in life. It is narrated from Allah's Messenger (P.B.U.H.) that he said : “ The characteristic of the patient is known by three things :

The first is not to be careless. The second is not to get bored .The third is not to complain against his Lord, because if he becomes careless, he will cause the truth to be lost and if he gets bored , he will not be grateful ; and if complains against his Lord , he will be reckoned as disobedient to Him.” (1)

1-Al-Wasael / V, 16 /P23 / H. 20862



It was narrated from the Prophet, Jesus ,the Christ (P.B.U.H.) that he came across a blind man and a paralyzed leper whose body was fragmented from both sides by leprosy saying:"Praise be to God who relieved me from what He has afflicted so many of His creatures. " Then, Jesus asked him: "What is that plight which you think God has relieved you from it ?! The man replied:

" O Spirit of Allah, I am better than those whom God hasn't put in their hearts the knowledge of His Al-mighty than that which in my heart." Jesus verified that saying : "You are true." Give me your hand," and the man gave him his hand and all of a sudden the man turned out to be of the best face, of the most favorable stature and Allah has removed all the pain and distortion that he has been suffering from. Then, the man has become the Prophet's close follower and friend and accompanied him in his worshipping .

And thus, the divine religions especially Islam have emphasized a great deal on the necessity of man's equipment with patience and strong will in his coping with difficulties, plights and misfortunes as in patience lies a lot of good and welfare for the whole people and for this reason prophets , trustees and guardians have shown the most excellent and top grades of patience with respect to acts of obedience, avoidance of forbidden deeds and getting over calamities and misfortunes.

The Quran threw a strong light on those situations to stand as good examples - not only to Moslems but also to the whole human societies .



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Patience

